



Marijuana/THC Awareness

Duration: 4 Hours

Description: This Marijuana/THC Awareness Course will educate participants on the adverse physical, mental, emotional,

and behavioral effects of marijuana use. Upon completion, the participant will understand how marijuana can impair short-term memory, judgment, and perception.

Topics Covered: Pre-Test, Marijuana/THC, History of Marijuana, Marijuana and Its Addictive Qualities, Marijuana as a Drug, Marijuana's Effects on the Brain and Body, Synthetic Marijuana, Drug Facts, Small Choices Can Hurt You in the Future, Decision Making and Good Judgment, & Post-Test.



Minor in Possession (MIP) Drug & Alcohol

Duration: 4 Hours

Description: Drugs and alcohol are everywhere. From legal prescriptions and legally purchased liquor to street drugs and

underage drinking. It's no wonder why or how adults and teens alike start something that could turn into a destructive habit. After completing this class, participants will have information on the dangers associated with drugs and alcohol. The class will cover the effects of drugs on the brain and body, detailed information on 25 different drugs, consequences of drugs and alcohol, and values.

Topics Covered: Pre-Test, Alcohol and the Law, Alcohol Awareness, Alcohol and Your Brain and Body, Underage Drinking, History of Marijuana, Marijuana as a Drug, Marijuana's Addictive Qualities, Synthetic Marijuana, Drug Facts, Consequences of an Underage DUI, Peer Pressure and Alcohol, Fentanyl, Heroin, & Post-Test.



Responsibility & Character-Building

Duration: 4 Hours

Description: This course provides examples of what good character looks like, and the importance of taking responsibility.

Participants are told stories on the importance of developing character qualities such as self-control, sacrifice, and delayed gratification. Good character is the key to self-respect, earning the respect of others, positive relationships, fulfillment, achievements, and success in every area of life.

Topics Covered: Pre-Test, Personal Responsibility, Taking Responsibility, Making Good Choices, Decision Making and Good Judgment, Small Choices Can Hurt You in the Future, Positive Thinking, Motivation, Reaching Your Full Potential, Self-Esteem, & Post-Test.



Theft & Shoplifting

Duration: 4 Hours

Description: Our Theft Intervention and Shoplifting Prevention Class is designed to help individuals learn to accept responsibility for their impulsive behaviors and to overcome

thinking errors. Participants will learn to identify necessary steps to make a positive change, avoid future negative behaviors and to make better choices and decisions.

Topics Covered: Pre-Test, Theft, Shoplifting and Stealing, Wants Vs. Needs, Budgeting, Making Good Choices, Decision Making and Good Judgment, Small Choices Can Hurt You in the Future, & Post-Test.



Truancy Intervention Program for Students

Duration: 4 Hours

Description: Our Truancy and Absence Intervention Program for Students focuses on areas of self-esteem, positive thinking,

motivation, and reaching full potential. In addition, the program also covers why school is important, useful, and not a waste of time. We provide examples of how math and reading skills are used in the real world to promote the importance of school. We also share the chilling statistics of those who fail to graduate. Both are done in contrast to show the overwhelming benefits of finishing school and how absence from school can destroy young lives – a choice most regret. It is important to have hope for the future.

Topics Covered: Pre-Test, Graduating Will Improve Your Life, Why School is Important, Reasons for Truancy, Finding Help for Truancy, My Learning Style, Motivation, Positive Thinking, Reach Your Full Potential, Self-Esteem, & Post-Test.



Vaping, Tobacco & Nicotine Awareness

Duration: 4 Hours

Description: This Vaping, e-Cigs and Nicotine Awareness class is an eye-opener for any young person. If life is a game, then big tobacco

companies try to rig the game against you. From nicotine addiction to a cancer diagnosis, it all comes down to making a dollar at the detriment of the consumer. We'll cover the laws that protect minors, information on the addictive qualities of nicotine products, the deceptive practices of the tobacco industry, and how young people are targeted in order to sell deadly and addictive products.

Topics Covered: Pre-Test, Vaping, Juuling & E-Cigs, Vaping and E-Cigs – What You Need To Know Now, Tobacco as a Drug, Description of Tobacco Products, Nicotine and Its Addictive Qualities, Nicotine's Effects on the Brain and Body, Negative Health Effects of Tobacco, How Vaping and Tobacco Companies Target Youth, & Post-Test.



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Alcohol Education for Minors

Duration: 4 Hours

Description: This class is designed to help participants expand their knowledge on the dangers of alcohol and underage drinking.

Topics Covered: Pre-Test, Alcohol and the Law, Alcohol Awareness, Alcohol and Your Brain and Body, Underage Drinking, Consequences of an Underage DUI, Peer Pressure and Alcohol, Under the Influence, Alcohol, Driving and Understanding Blood Alcohol Content, DUI and Legal Consequences, Nathan Harmon's Victim Impact Story, & Post-Test.



Anger Management

Duration: 4 Hours

Description: The heat of the moment can get away from us and thinking errors can have serious consequences. This anger management class teaches how to make a

plan to avoid these thinking errors and moderate emotions. Overall, the class is educational in nature and includes information on exploring the root of anger, defining anger, personal responsibility, coping strategies, and making better decisions.

Topics Covered: Pre-Test, Self-Scoring Assessment: Do I Have an Anger Issue?, The Purpose of Feelings, What Is Bothering You?, Personal Responsibility and Anger, Communication Skills, Impulse Control, Decision Making and Good Judgment, & Post-Test.



Conflict Management

Duration: 4 Hours

Description: Conflict is a natural part the human experience. However, how you work through it determines everything and most

conflict can be avoided with simple communication. This class will focus on behavior and general communication skills. This focus will help any young person navigate through emotions and take the best actions when faced with conflict.

Topic Covered: Effective Communication, Conflict Management, Communication Is a Two-Way Street, Family Conflict, Assertive Vs. Aggressive, Setting Boundaries, Making Good Choices, & Impulse Control.



Consequences of Crime

Duration: 4 Hours

Description: This class teaches youth about the potential consequences of their choices and behaviors. It covers how to handle

difficult emotions, impulses, problem solving skills, good self-esteem, and how to handle the challenges of peer pressure especially in the face of tobacco, alcohol and other drugs.

Topics Covered: Digital Citizenship, Theft, Shoplifting, and Stealing, Making Good Choices, Decision Making and Good Judgment, Consequences of an Underage DUI, Peer Pressure and Alcohol, Small Choices Can Hurt Your Future, Impulse Crimes, & Nathan Harmon's Victim Impact Story.



Decision Making & Good Judgment

Duration: 4 Hours

Description: Decisions can have a big impact on your life and can easily have long term consequences – both good and bad. It is

important to have strong decision-making skills and to develop good judgment so you can make the right decisions time and time again. In this class we'll cover the basics of good judgment and decision making, learn how to make better decisions, explore some real-life examples of good and bad decisions, and talk about common pitfalls to avoid.

Topics Covered: Pre-Test, Decision Making and Good Judgment, Making Good Choices, How We Make Decisions, Seemingly Unimportant Decisions, Values and Decisions, What Is Impulse Control, The Importance of Controlling Impulses, Making Good Choices, Your Values, & Post-Test.



Digital Citizenship

Duration: 4 Hours

Description: This 4-hour class is designed to educate youth as young as 10 years old on appropriate and responsible behavior when using today's technology. We focus on online safety and making good choices while

using any device. Within this program, there is a strong emphasis on sexting prevention, cyber bullying, and understanding the role and responsibilities each of us play in a digital society. Often, a decision in the moment can cause psychological, physical, and legal harm in the future. Such consequences can include legal charges for: production and distribution of child pornography, bullying, threats, violence, and more.

Topics Covered: Pre-Test, Digital Citizenship, Sexting, Bullying and Harassment Are Related, Making Good Choices, Decision Making and Good Judgment, Impulse Control, & Post-Test.



Impulse Control

Duration: 4 Hours

Description: This class will cover the significance of choosing to act on an impulse. The ability to think and control impulses is especially vital when negative

outcomes could be at play. At the end of the class, participants will understand what an impulse is and how a lack of impulse control can lead to ruined relationships, lost jobs, legal trouble, missed educational opportunities, injury, and even death.

Topics Covered: Pre-Test, What Is Impulse Control?, The Importance of Controlling Impulses, Impulse Control Crimes, Making Good Choices, Decision Making and Good Judgment, What Is Good Impulse Control?, How to Stop Being Impulsive, & Post-Test.



Making Good Choices

Duration: 4 Hours

Description: Whatever your dreams for the future are, the choices you make today are extremely important. If you have big dreams for the future, you need to take responsibility for your choices right now. This class will

help participants make decisions one choice at a time. They will also learn why it can be difficult and how to practice these skills on a path to a happy and fulfilled life. Good choices are the foundation for life and success.

Topics Covered: Pre-Test, Making Good Choices, Decision Making and Good Judgment, What Is Impulse Control?, The Importance of Controlling Impulses, How To Stop Being Impulsive, & Post-Test.